

## LUGGAGE

- □ Trunks, Duffels, Suitcases, and Boxes are all good ways to bring your belongings. All luggage will be unpacked and belongings will be stored on open-air shelves upon arrival.
- □ Labels: label your luggage with your CAMPER'S NAME only, otherwise we won't know to whom the luggage belongs at the end of camp!
- We suggest labeling as many things as you can! There are some fun label companies that provide great labels for clothing, like <u>Label Daddy</u>, or stamps like <u>Name Dropper</u>.

# CABIN LIVING

## **Required Clothing & Supplies**

- □ 10 days supply of clothes (for warm and cool weather). Laundry is done weekly by a local laundry service.
- □ For concert dress, please include some "casual but nice" clothes. Long dresses/suits are not required, just something nicer than a T-shirt and shorts.
- □ Raincoat with hood or poncho
- □ Rain boots
- □ Beach sandals/flip-flops
- □ Close-toed, active shoes for walking and sports activities
- □ 2 "quick dry" swimsuits
- □ 2 Camp Shirts from our <u>Gear Store</u>
- □ Bed Linens: 2 sets of twin-size sheets
- Bed Linens: 3 warm blankets
- □ Bed Linens: Pillow and 2 pillow cases
- □ 4 Towels (showers and waterfront)
- □ All necessary toiletries
- □ Water bottle labeled with your camper's name
- □ Flashlight & extra batteries (campers can't rely on their phones for this)
- □ Bug Repellent–there are a lot of mosquitoes in the Maine woods
- Watch
- □ Hard glasses case (for glasses wearers)

#### **Recommended (Optional) Items**

- □ Backpack
- □ Hiking boots
- Games (for the cabin, like mini chess, mastermind, etc.)
- □ Personal sports equipment (gloves, rackets, frisbee, etc.)
- □ Reading materials
- Umbrella
- □ Sunglasses/Hats
- □ Sunscreen
- □ Writing materials & stamps
- □ If using <u>Bunk1</u>–Reply Stationary

### **Neurodiverse/Sensory-Friendly Suggestions**

- □ Sensory-friendly clothing
- □ Sunglasses and hats
- □ Noise-canceling headphones/earmuffs
- Sensory-friendly swim goggles (check out <a href="mailto:frogglez">frogglez</a>!)
- □ Fidget toys

### **DO NOT BRING**

- □ Rollerblades, skateboards, or bicycles
- □ Video game devices, tablets, or computers
- $\hfill\square$  Obscene books, magazines, recordings, or clothing
- □ Glow Sticks

### MUSIC

### **Required Music Supplies**

- □ Instrument Supplies
  - □ Cleaning cloths/swabs
  - □ Reeds (campers play their instruments much more during 3 weeks of camp than they do 3 weeks during the year. Please bring enough reeds, or have a plan to ship your camper reeds halfway through the session!)
  - □ Valve oil (brass instruments)
  - □ Extra strings (string instruments)
  - □ Rosin (string instruments)
  - □ Rock Stop (for cellists and bassists)
- ☐ Metronome–Korg makes a standard metronome or metronome/tuner that's battery operated. Please bring extra batteries.

- □ Folding metal music stand (unless you're a pianist or vocalist)
- $\hfill\square$  Music you have worked on during the year
- □ Music you want to play at camp

#### **Recommended Music Supplies**

- □ Tote bag for your music folder! We often give campers copies of music, and inevitably these get lost. A tote bag is HIGHLY RECOMMENDED. We have a great one in our <u>Gear Store</u>!
- □ <u>Music clips</u>/clothespins to keep music on the stand when playing outside
- Notebook for private lessons and general music notes. Better yet, a <u>Manuscript</u> <u>Paper Notebook</u>!

#### ALLOWED DEVICES

- Phones: THESE WILL BE COLLECTED UPON ARRIVAL. We will give phones back to your campers on our two Trip Days during camp, and then again at the end of camp.
- □ Kindles: These are allowed ONLY IF they do not have internet or game capabilities.
- MP3 Players: you can send your camper to camp with pre-downloaded music on screen-free MP3 players. Here are a few in different price ranges: <u>Xidehuy MP3</u>, <u>Mighty Vibe</u>. Please note that campers will have many opportunities to listen to music, which may include evening activities, free time, counselor playlists, and of course concerts!
- Recording Device: Some campers might rely on recording themselves when they practice. We have found this small recording device will work for camp: <u>Digital</u> <u>Voice Recorder</u>
- □ Cameras digital, disposable, or polaroid
- □ Screen-less watches

#### **COVID ITEMS**

We still anticipate actively trying to prevent the presence of COVID 19 at our camp, so we ask that you bring the following items. For more information on our policy, visit our <u>COVID page</u>.

- □ Please bring a supply of masks to last at least 2 weeks, just as a precaution. We will most likely wear masks the first few days of camp.
- □ 4 COVID Rapid-tests

We will also have items available for campers to use if they are not able to afford to bring them to camp.